

# maai

THE SILK JOURNEY

Amari Pattaya



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Maai is inspired by the beautiful transformation of the silkworm, known as the “Nhon Maai”, which lives on nutritionally rich Mulberry leaves. They create and then wrap their Rang Maai cocoons in a soft silken fabric known as Pui Maai, that provides warmth and protection from the elements. Through a transformative process of love and care, the Nhon Maai emerges from their silken Pui Maai as an elegant butterfly.

This journey of silk represents our own approach to holistic treatments, designed to support your physical, mental, and spiritual well-being. These are the foundations of a long, healthy, and happy life.

We invite you to begin your own fully personalized transformation by taking your first steps on the Journey of Silk with us.

# MAAI JOURNEY

## THAK THOR SEN MAAI

(THAI SILK JOURNEY)

Maai Onsen • Rang Maai Body Scrub •  
Jade Reflexology Foot Massage • Jade Comb Head Massage • Sao Maai Massage



180 min / THB 5,200

Thak Thor Sen Maai is the procedure of weaving silk threads with gentle care and details to become a beautiful and unique piece of silk.

Begin your journey with a warm relaxing aroma bath, followed by an exfoliating and nourishing cocoon scrub. Then allow the healing hands of our professional therapist melt away the stresses and re-open your energy flow with a head-to-toe aromatherapy massage.

## MAAI PRAE WA (QUEEN OF THAI SILK)

- Pui Maai Foaming Bath • Mhon Maai Body Scrub  
• Khid Maai Massage • Yok Maai Uplifting Facial



180 min / THB 5,200

Maai Prae Wa was named “The Queen of Silk” not because it is the most expensive, but because of the beauty in its details, of which techniques are inherited and passed down over generations.

Let us take you on this journey, with a tension releasing Pui Maai foaming bath, followed by an exfoliating and nourishing Mhon Maai body scrub. Allow essential oils to infuse into your skin and work into your skin reducing tiredness and relieving stress and tension with the Khid Maai deep tissue massage and a facial treatment. This indulgent journey will leave you feeling calm, rejuvenated, and peaceful.

MAAI MADH MEE  
(UNIQUE LOCAL SILK)

Sen Mai Massage • Facial Treatment



120 min / THB 4,500

Mai Madh Mee is a silk with unique characteristic that is localized to each locality.

This wonderful relaxing package with the most popular treatments including the invigorating Sen Mai massage and the premium facial treatment is a perfect treat to indulge yourself.

MAAI PEUK MAI  
(ORGANIC SILK THREAD)

Phad Maai Body Scrub • Khid Maai Massage



120 min / THB 3,500

Maai Peuk Mai is a simple silk without pattern. This package is a simple treatment if you are short on time. The rice body scrub will help smooth and brightens skin, then a deep pressure massage to help stimulate blood circulation and clear blocked energy.



# MESSAGES

# MASSAGES

SEN MAAI	60/90 min THB 2,300/2,900	Leave the day behind, with a gentle massage focusing on the relaxation of your whole body and getting you ready for a deep night's sleep with selected aromatherapy. Allow the healing hands of the therapist to melt the day away.
SAO MAAI	60/90 min THB 2,300/2,900	This massage is both relaxing yet energizing. Using light to medium pressure with long strokes to relieve tension and kneading and wringing movements help reduce tension, promote circulation, and induce relaxation.
KHID MAAI	60/90 min THB 2,300/2,900	This treatment combines deep tissue, Thai massage, and acupressure techniques to increase blood circulation and muscle flexibility, aiding to clear blocked energy. Let your mind float into relaxation with the scent of our essential oil and massage movement.
TRADITIONAL THAI	60/90 min THB 1,800/2,500	A storied tradition, the Thai massage uses a combination of deep pressure points, stretching and bending techniques along the 'meridians' of the body without using any massage oils to release the knots and the energy flow.
KAW MAAI	90/120 min THB 3,000/3,500	A combination of the traditional massage with Thai herbal compress. We start with an herbal compress exuding aromas and healing properties to loosen up the body. Followed by a pampering stretching and kneading aroma massage to melt away muscle tension.
KHOR MAAI	90/120 min THB 3,000/3,500	This therapy uses warm Bamboo to melt away tension. A flowing deep tissue massage with aromatherapy will provide a deep sense of well-being, relaxation and revive your energy flow.
MAAI JADE STONE	90/120 min THB 3,000/3,500	Following an ancient technique using heated jade stones, they are expertly glided over the body where the heat is slowly released into the muscles, increasing the circulation and alleviating stress, sending you into a deep state of relaxation.

# TREATMENTS

# BODY TREATMENTS

PHAD MAAI  
BODY SCRUB

60 min  
THB 1,800

Inspired by the Phad Maai, a step in the silk making process where bleached silk is smoothened with grains for rice. This rice grain body scrub will help remove dead cells whilst also moisturizing. Unveiling smooth and brighten skin.

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MHON MAAI  
BODY SCRUB

60 min  
THB 1,800

“Mhon” or the mulberry fruit is rich in Vitamin C and is an immunity booster. This gentle and deeply nourishing mulberry fruit scrub is ideal for sensitive skin and helps improve skin health.

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SAI MAAI SUGAR  
BODY SCRUB

60 min  
THB 1,800

Sai Maai, the fine silk combines brown sugar to create a scrumptious body scrub to unveil smooth and soft skin.

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RANG MAAI  
BODY SCRUB

60 min  
THB 1,800

Rang Maai is high in protein and is an antioxidant, this unique body scrub promotes healthy skin.

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YOM MAAI  
SCRUBBING MASK

60 min  
THB 1,800

Colorful silks are created during the “Yom Maai” process of dyeing silk. This duo treatment that exfoliates and nourishes your skin. Mulberry green tea scrubbing mask is enriched with minerals and antioxidants, making your skin look healthy and ready for outside activity.

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PUI MAAI FOAMING  
BATH

30 min  
THB 800

This foaming bath inspired by the “Pui Maai” the cloud-like silk foam is deeply relax and nourish for your skin.

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MAAI ONSEN

30 min  
THB 800

A hydrotherapy of aromatic water, the Maai Onsen is detoxifies and helps prepare your body for the next step of the Maai journey.

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# FACIAL TREATMENTS

YAI MAAI SENSITIVE  
SKIN FACIAL

60 min  
THB 2,800

Whether skin's redness was triggered by exposure to stress, sun, wind or extreme temperature, this breakthrough treatment provides fast relief to calm and soothe easily inflamed, sensitive skin. This facial treatment offers two intensely calming and cooling compresses, making it ideal for those who suffer from occasional or persistent redness.

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KHID MAAI DEEP  
CLEANSING FACIAL

60 min  
THB 2,800

This deep cleansing facial treatment dissolves pore-clogging impurities and refine pores, whilst taking away dull, dry skin to reveal more even skin texture and tone.

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KOR MAAI  
BRIGHTENING FACIAL

60 min  
THB 3,200

Exclusively designed to fight dark spots, pigmentation, freckles and uneven skin tone, this treatment will boost skin radiance and reverse visible signs of damage. Your skin will be more youthful, brighter and smoother.

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YOK MAAI UPLIFTING  
AND ANTI-AGING FACIAL

60 min  
THB 3,200

This uplifting facial is the ideal treatment to target and defeat the sign of aging. Reducing the appearance of wrinkles with powerful intensive radiance peel, whilst also hydrating and lifting skin elasticity. The results will leave your skin firmer and more youthful.

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# MAAI THAI SABAI

JADE COMB HEAD  
MASSAGE

60 min  
THB 1,800

Inspired by ancient Indian techniques, this treatment is especially helpful for those who suffer from migraines or insomnia. Meanwhile, everyone can benefit from the deeply relaxing rhythmic and gentle touches.

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JADE REFLEXOLOGY  
FOOT MASSAGE

60 min  
THB 1,800

Based on the Chinese meridian theory of "energy pathways" in the body that culminates at the feet. The gentle stimulation of acupressure points in the feet believe to be connected to the various organs in the body can have an overall balancing and energizing effect.

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# SPA ETIQUETTE

## ARRIVAL

We recommend you arrive 15-20 minutes prior to your scheduled appointment. This allows us to tailor a unique treatment based on your needs.

## ADVANCE BOOKING

We highly recommend reserving in advance to ensure that your preferred time and treatment are available.

## CANCELLATION

Please allow 3 hours' notice of cancellation to avoid a 50% charge. Cancellations within 2 hours or no shows will incur a 100% charge. A credit card number is required at the time of booking to confirm your treatment.

## CLOTHING

We will provide you with a robe, slippers, and disposable underwear in your treatment room.

## ENSURING TRANQUILITY

Noise pollution adds to our everyday stress. Kindly turn off your mobile phone during your visit to ensure tranquility and total relaxation.

## LOSS AND DAMAGE

We regret that we will not bear the responsibility for any loss or damage of personal articles. Please keep all valuables locked in the lockers provided. For hotel guests, please secure all valuables in your in-room safe. Bathrobes will be provided for your treatment.

## NON-SMOKING

We offer a healthy, smoke-free environment for all guests.

## SPECIAL ATTENTION

Please advise us of any health conditions, allergies, or injuries which could affect your treatment when making your spa reservation.

## YOUNGER GUESTS

Guests less than 16 years of age will need to be accompanied by a parent; a guardian's consent form must be signed.







